



ZUMBA DANCE FITNESS PARTY - OUTDOORS
THE BARN AT BIRCHWOOD – THE GROVE COURTS
BRIDGE STREET
COLLEGEVILLE, PA

WHEN: BEGINS WED. MAY 11, 2011 – CLASSES RUN ON WED. EVES – WEATHER PERMITTING

TIME: SIGN IT AT 6:30PM – CLASS STARTS 6:45PM

COST: \$7.00 PER CLASS

INSTRUCTOR: DENISE MARIE WEYGAND– 610-420-0120

EMAIL: weeze06@live.com for questions

ZUMBA IS LATIN INSPIRED DANCE FITNESS.

YOU HAVE SO MUCH FUN DANCING AND MOVING TO THE LATIN MUSIC THAT YOU DON'T EVEN REALIZE HOW MUCH YOU ARE SHAPING YOUR BODY AND CORE MUSCLES.

YOU WILL BE BURNING LOTS OF CALORIES DANCING TO THE LATIN MUSIC. THIS IS THE ONE WORKOUT THAT YOU ARE SURE TO LOVE!!!!

COME SHAKE AND SHAPE YOUR WAY TO FITNESS WITH ME!!!

BE BATHING SUIT READY FOR SUMMER!!!!